

Managing the esthetic problem of a pregnant with an exaggerated gag-reflex

Introduction

Pregnancy is a critical period in a woman's life. The management of a pregnant concerning her prosthodontic treatment can be challenging for completing clinical stages successfully. This case report aims to describe the successful prosthodontic management of the patient's esthetic problem of her smile, with dental implants and fixed prosthesis, despite her gag-reflex in the third trimester of pregnancy (31 weeks), something uncommon for an uncomplicated pregnancy.

Case Description

A 28-year-old woman, primigravida in the third trimester of pregnancy (31 weeks), with a present normal pregnancy and a free medical history, presented to our dental clinic to solve her esthetic problem of her smile. The pregnant was very apprehensive concerning treatment, due to exaggerated gag-reflex. The clinical, especially prosthodontic, management succeeded by using proper dental implant and fixed prosthesis design and simple, but effective, table salt technique in order to face symptoms during the clinical stages and consequences of gagging associated with late pregnancy.

Discussion

Solving the esthetic problem with successful prosthodontic treatment of women during the third trimester of pregnancy with severe gag-reflex can be managed by the usage of the easy and very practical table salt technique.

Keywords: Esthetic, Dental Implants, Pregnancy, Gagging, Patient Satisfaction